
SUPPLEMENT FACTS

Serving size: 2 caplets

	Amount per serving	%DV
Vitamin D3 (as cholecalciferol)	5000IU	1250
Vitamin A (as beta carotene)	1500IU	30
Vitamin C (as ascorbic acid)	60mg	100
Niacin	15mg	100
Thiamine	6mg	400
Riboflavin	6mg	400
Vitamin B6 (as pyridoxine HCl)	6mg	400
Pantothenic acid	6mg	60
Folic acid	400mcg	100
Vitamin B12	100mcg	1668
Biotin	10mcg	33
Chasteberry 4:1	400mg	*
Fruit blend concentrate	200mg	*
Red Raspberry leaf	206mg	*
Vegetable blend concentrate	150mg	*
Sage leaf	150mg	*
Kudzu root	150mg	*
Damiana root	150mg	*
Panax ginseng	100mg	*
CoQ10	50mg	*
Ginger root 4:1	50mg	*
Oat Straw powder	50mg	*
GABA	50mg	*
Catuaba	20mg	*
Inositol	15mg	*

Other ingredients: stearic acid, magnesium stearate, microcrystalline cellulose, plant fiber, dicalcium phosphate.

*Daily value not established
