
SUPPLEMENT FACTS

Serving Size: 1 caplet

	Amount Per Serving	%DV
Calcium (Aquamin™)	333.3mg	33
Vitamin D3 (cholecalciferol)	167IU	100
Vitamin B2 (riboflavin)	1.3mg	100
Vitamin B6 (pyridoxine hydrochloride)	1.3mg	100
Folic acid	33mcg	*
Biotin	33mcg	11
Copper (glycinate)	133mcg	15
Magnesium (citrate)	43mg	11
Phosphorus (potassium phosphate)	25mg	33
Zinc (glycinate)	1.68mg	15
Manganese (gluconate)	684mcg	34
Boron (chelate)	1mg	*
Soybean concentrate	50mg	*

 Japanese teasel root 10mg *

 Drynaria rhizome 10mg *

 Blueberry leaf extract 3.33mg *
 16% chlorogenic
 acid

 Calcium RDA from mineralized seaweed is
 100%.

 Other ingredients: Micro-crystalline cellulose,
 silica, cross carmellose sodium, stearic acid,
 magnesium stearate.

 * Daily value not established.
