

## The Situation

Career, family, and school are just a few of the activities that make up normal life in America. With the hurried pace of our lives, it has become increasingly difficult to enjoy a healthy lifestyle complete with exercise, plenty of rest, and a highly nutritious diet. Statistics indicate that the number of people struggling with low energy, stiff joints and other challenges is skyrocketing. The good news is that more and more people are looking for ways to increase the level of their health. But, how do we give our bodies the fuel that it needs in order to perform at optimum levels?

## The Nobel Prize Winning Research

In 1998, a team of American scientists won the Nobel Prize in Medicine for their discovery of the nitric oxide pathway. Nitric oxide is a powerful substance that helps to promote optimal blood flow and maintains smooth, Teflon-like texture of arteries.

Inside the artery, there is an inner lining called the endothelium. When nitric oxide is present in adequate amounts, the endothelium is smooth and tough like Teflon. When there is an inadequate amount of nitric oxide, the lining in the walls of the arteries becomes sticky, like "Velcro."

So, how do we benefit from this Nobel Prize-winning research? The answer is a naturally occurring amino acid called L-Arginine. L-Arginine is the precursor to nitric oxide. Your body converts L-Arginine into nitric oxide that maintains healthy blood vessels and allows blood to flow efficiently and smoothly throughout the body.

## The Solution

The Cardio Cocktail provides your body with a host of essential vitamins, minerals, amino acids, antioxidants, and other vital nutrients. Born in a blend of potent antioxidant juices, the Cardio Cocktail delivers results in a highly absorbable, great-tasting liquid. In just a few seconds each day, you can give your body a powerful dose of science-based nutrition.



## The Product

The Cardio Cocktail is a powerful blend of nutrients containing five grams of L-Arginine per ounce, plus vitamin D, B vitamins, EDTA, Omega 3 fatty acids, OPC's from grape seed extract, and minerals. The Cardio Cocktail is a great-tasting liquid product utilizing a potent blend of fruit juices including acai, goji, mangosteen, noni, tart cherry, and red raspberry that is quickly absorbed by the body via our proprietary fulvic mineral delivery system.

## Frequently Asked Questions

### *How much should I take?*

The normal maintenance dose is one ounce a day. However, depending on your desired results, you could take two to three ounces a day in divided doses.

### *How should I take the product?*

The best way to take the product is on an empty stomach followed by eight ounces of filtered or distilled water, no chlorinated water.

### *When should I take the product?*

The best time to take the product is twenty minutes prior to eating. Many people take the product in the morning before breakfast. Some take the product at night, just before going to bed. Some take the product throughout the day. It is important to take the product consistently, so find the time that works best for your situation and your body.



## New Distributor Kit Design Unveiled at COS

A critical factor in the success of every distributor is the Distributor Kit. ForMor unveiled a brand new distributor kit design with all up-to-date information. ForMor's creative team designed a cutting-edge new box to hold the various elements of the Distributor Kit. The New Distributor Kit contains:

- Updated Product Guide with Cardio Cocktail information
- Updated and expanded Training Guide (formerly Phase 1 Training)
- Updated and expanded Financial Plan Guide
- Updated Policies and Procedures Guide
- The new It's Time For More DVD with new product video and expanded interviews with medical professionals.

All of this is presented in a beautiful custom designed Distributor Kit box. Every distributor should have this tool in their possession. Order yours today.

**CODE #465**  
**PRICE \$30.00**



### *How quickly can I expect results?*

Many people feel results almost immediately. However, the true benefits of Cardio Cocktail come from consistent long-term use.

### *How long do I need to take the product?*

That depends on how long you would like to receive the benefits. Cardio Cocktail is a superfood for your body. It is the long-term, consistent use that will yield the best results.



*This product represents the most significant breakthrough in a nutritional product I have ever seen. The science and research supporting the ingredients in Cardio Cocktail is staggering. I have been using L-Arginine in my medical practice for over a decade with tremendous results. More importantly, I believe I owe a great deal of my personal health to L-Arginine supplementation.*

**Dr. J. Joseph Prendergast, MD**

## Distributor Advisory Council

ForMor announced the formation of a Distributor Advisory Council at the COS. The council includes: (back row from left) Mark Rosales, Steve Moretta, Todd Bates, Craig Boheler, Billy East, Roger Pineda, Ragon Moore, Jack Thorne. (front row from left) Ryszard Lagodka, Irene Moretta, Elaine Boheler, and Maggie Thorne.



# Conference Call Schedule

## MONDAY

*Spanish Leadership Call* 7:30 pm CDT

Join Platinum Diamond Steve Moretta and other Hispanic leaders on this weekly leadership call.

## TUESDAY

*Discover ForMor Call* 8:00pm CDT

Join Platinum Diamond Elite Todd Bates for an overview of the ForMor International opportunity.

*Doctor's Discovery Call* 8:30pm CDT

An informative call featuring Doctors sharing information related to our products. Also, there is an interactive question and answer session.

## WEDNESDAY

*Spanish Opportunity Call* 7:30 pm CDT

Join Double Diamond Steve Moretta and other Hispanic leaders on our weekly business opportunity call.

*Distributor Call* 8:30 PM CDT

Join Platinum Diamond Elite Ragon Moore. Ragon has been full-time in network marketing over 10 years and is a million dollar earner in ForMor.

## THURSDAY

*Business Training Call* 8:00 PM CDT

Join Platinum Diamond Elite Todd Bates for an overview of the ForMor International opportunity. Todd will also explain the financial plan and take questions.

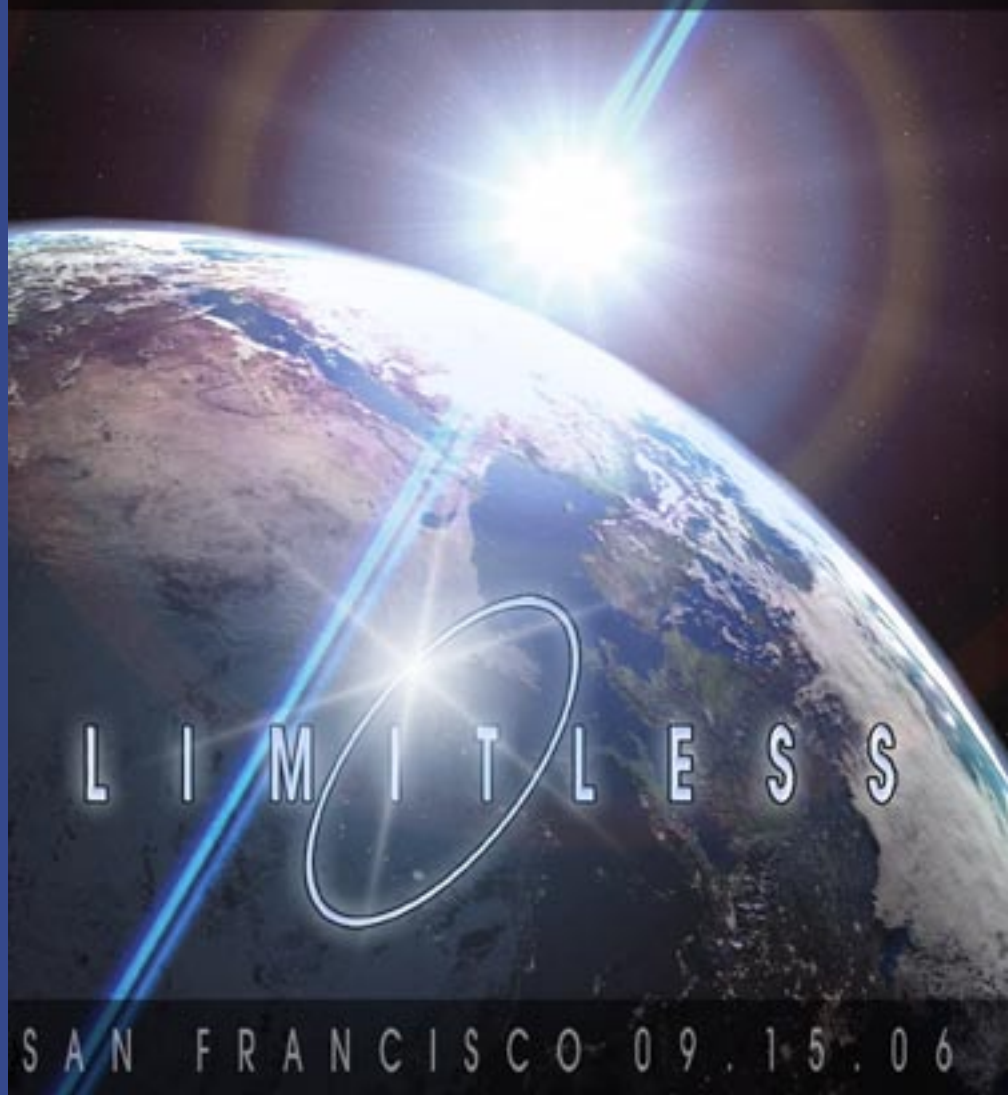
## SATURDAY

*Spanish Training Call* 10:30 am CDT

Join Platinum Diamond Steve Moretta and other Hispanic leaders on our weekly business opportunity and basic training call.

Conference Call number:  
620-294-3000 pin # 9683

F R E E D O M R A L L Y



## New Cardio Cocktail™ Booklet Available



ITEM #619 - \$8.50 FOR A PACK OF 10

**I N F O R M A T I O N**  
*Member Service: 888-270-4794*